

## **Mango Pops**

Makes 12 servings

### **Ingredients:**

2 mangos, diced

1 cup nonfat plain Greek yogurt

2 Tbsp honey

Mini chocolate chips (optional)

Salted cashews (optional)

Sprinkles (optional)

Toasted coconut (optional)

12 lollipop sticks (optional)

#### Instructions:

Slice the sides of the mangos, avoiding the seed in the middle. Cut the flesh of the mango in a grid like pattern without cutting through the skin. Scoop the mango cubes out of the skin with a spoon. Skewer each mango cube with a lollipop stick.

In a small bowl, combine yogurt and honey. Dip each mango into the yogurt mixture until coated. You may need to use a spoon to help yogurt onto the mango cubes. Sprinkle with the topping of your choice. Place on a baking sheet lined with parchment paper. Place in the freezer for 1 to 2 hours, or until mangos are slightly frozen and yogurt has set.

For more recipe ideas, go to Costco.com and search: Quick & Easy





# Mango Milkshake

Makes 2 servings

### **Ingredients:**

- 3 mangos, divided
- 1 banana, peeled
- 2 Tbsp cashews
- 1 cup pineapple, chopped
- 1 cup unsweetened coconut milk
- 1 cup ice
- 2 mint sprigs

#### **Instructions:**

Peel and dice 2 mangos. In a blender, blend 2 mangos, banana, cashews and pineapple for 30 seconds, or until smooth. Add coconut milk and ice. Blend for an additional 30 seconds, or until smooth. Pour mixture into two glasses. Peel and slice remaining mango. Garnish with mango and mint.

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