

Emergen-C Raspberry Drink Mix Smoothie

Makes 1 serving

Ingredients:

1 pack Emergen-C Raspberry Drink Mix

½ cup low-fat strawberry yogurt

½ cup almond milk or low-fat milk

½ cup frozen mixed berries

½ banana

1 cup ice, crushed or cubed

Instructions:

In a blender on high speed, blend Emergen-C packet, yogurt, milk, berries, banana and ice. Serve.

For more recipe ideas, go to Costco.com and search: Quick & Easy

