

# Quick & Easy

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## THE COSTCO WAY

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### **Emergen-C Strawberry Sweet Surprise Smoothie**

Makes 1 serving

#### **Ingredients:**

1 packet Emergen-C Super Orange or Juicy Cherry flavored fizzy drink mix  
1 small banana  
1 cup fresh or frozen strawberries  
1 cup milk, almond milk or soy milk  
Handful ice cubes

#### **Instructions:**

In a blender, add Emergen-C, banana, strawberries, milk and ice. Blend until smooth.  
Pour into a glass and enjoy!

**Note:** Do not exceed 1 serving per day.

Find more recipes at: <https://www.emergenc.com/recipes/>

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For more recipe ideas, go to Costco.com and search: **Quick & Easy**

