

Quick & Easy

THE COSTCO WAY

Orgain Pineapple Ginger Protein Smoothie

Makes 1 serving

Ingredients:

2 scoops Vanilla Organic Protein & Superfoods Plant Based Protein Powder
1 cup kale, chopped
1 cup Kirkland Signature Unsweetened Vanilla Almond Milk
1 cup frozen mix of mango, pineapple and kiwi
½ tsp fresh ginger, grated
½ lemon, juiced

Instructions:

To a blender, add kale, almond milk, frozen mixed fruit, ginger, lemon juice and protein powder. Blend until smooth.

For more recipe ideas, go to [Costco.com](https://www.costco.com) and search: **Quick & Easy**

