



# UNISEX HAND MEASUREMENTS

## LENGTH MEASUREMENT:

Measure from the top of the middle finger to the wrist crease.



## PALM CIRCUMFERENCE MEASUREMENT

Wrap a measuring tape around the widest part of the hand (across the knuckles at the base of the fingers).



		XS	S	M	L	XL	XX	XXX
<b>PALM CIRCUMFERENCE</b>	in.	6.5-7	7-7.5	7.5-8.5	8.5-9.5	9.5-10.5	10.5-11.5	11.5-12.5
<b>LENGTH</b>	in.	7-7.5	7.5-8	8-8.5	8.5-9	9-9.5	9.5-10	10-10.5

If you fall between sizes:

- For a better fit in the fingertips pick the size associated with your length measurement.
- For a better general fit pick the size associated with your palm circumference measurement.