# Grains

## Kirkland Signature Organic Chia Seeds
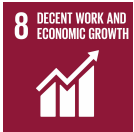
As we do with all of our Kirkland Signature™ items, we're working with our suppliers on sustainable practices in the production of our chia seeds. One of our chia seed suppliers, Organic TCL, is a good example of these efforts. Organic TCL focuses exclusively on organic crops and develops direct relationships with smallholder farmers. To continue growth in sustainable best practices, they offer two scholarships annually to students for agronomic engineering. Watch this video to learn more about the partnership between Organic TCL and Costco and an event benefiting the children of the chia seed producers in the Capiíbary community in Paraguay.

## Kirkland Signature Organic Hemp Hearts

Hemp hearts, the soft inner center of the hemp seed, come from the same plant that has been used to make paper, rope, clothing and other products. Kirkland Signature Organic Hemp Hearts are sourced from Canada and Lithuania.

In Canada, our hemp hearts are supplied by Manitoba Harvest, a certified B-Corporation. Manitoba Harvest's hemp is grown without herbicides or pesticides. They work with growers to provide agronomic coaching for field selection, crop rotation and seed fertility practices, and to meet requirements for organic certification.

Learn more about Kirkland Signature Organic Hemp Hearts in these *Costco Connection* articles: Hemp Hearts Buzz and Glutton for Gluten-Free.

# Kirkland Signature Quinoa

Our Kirkland Signature Organic Quinoa is sourced from the Andean highlands, spanning both Bolivia and Peru. Our suppliers work with farmers on the ground to provide agronomic training and technical support focused on sustainable farming practices. These efforts are designed to enhance soil health, manage pests naturally, and improve crop yields, all while supporting resilience in the farming communities. Beyond agricultural practices, our suppliers also participate in projects for the local communities around health, nutrition and education.